**MEN'S FINAL** Is Djokovic the greatest of all time?



### **CENTRE FEES SOAR** CHILDCARE SUBSIDY DRIES UP

**ALLISON LANGDON** Diving into the deep end

sundaylife

# The Sun-Herald

**SUNDAY, FEBRUARY 2, 2020** 

INDEPENDENT. ALWAYS.

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**ESCALATING THREAT** 

## Australia shuts door to China to stop virus

Shane Wright, Pallavi Singhal

Australia will shut the door to tens of thousands of Chinese tourists and could be forced into restricting cargo ships carrying billions of dollars in resources and goods as it attempts to prevent an outbreak of coronavirus across the country.

Prime Minister Scott Morrison yesterday revealed non-citizens who have been in mainland China will be immediately barred from entering the country while also urging Australians not to visit the nation.

In an escalation to the threats facing the domestic economy, the ban on non-citizens from Australia's biggest trading partner adds to the hit expected from the summer's bushfires and weak consumer confidence.

Mr Morrison said following advice from the nation's chief medical officers, concerned about changes in the coronavirus, the government would immediately tighten border restrictions for those travelling from mainland China.

People who were in the air when the new restrictions were announced will be vetted by officials on their arrival but could be forced to

return to China. Enhanced screening systems will be in place at the nation's airports from today.

Australian citizens, permanent residents, their immediate family and air crews will be allowed back into the country but will be required to self-isolate themselves for 14 days after their return.

The Prime Minister, who said there was an escalating threat from the virus, admitted the move

#### **Lobster prices go crazy NEWS PAGE 3**

would have a cost but the government was focused on protecting the health of Australians.

When it comes to the health and welfare, then that comes first," he said. "We could expect that to have an impact obviously on tourist arrivals for obvious reasons and the broader economic impacts of that. That is not our first concern at the moment but we are very mindful of it."

The restrictions do not apply to people who have come from Hong Kong or Macau.

**Continued Page 2** 



'A relief there's a new generation coming'



Born in the midst of the devastating Gospers Mountain fire, Smokey Gosper brought new hope to his firefighting family. As fresh fire danger engulfed NSW vesterday, the state

government stepped up food drops to help save animals in danger of extinction.

**NEWS PAGES 6-7** 

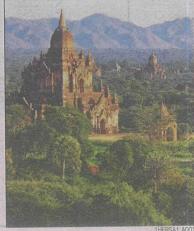
RULEBRITANNIA **UK HAS OFFICIALLY** 



in a sex recession

**NEWS PAGE 19** 

One of six **luxury trips** for two



This year's must-see stage shows







**Clontarf health KIC is** abs-olutely fabulous

Models and health advocates Steph Miller (nee Smith) and Laura Henshaw brought their fitness and wellbeing app KIC (Keep It Cleaner) to Sydney on Thursday. The Melbourne pair put Sydney media and influencers through their paces in a 20-minute workout from their KIC HIIT (high-intensity interval training) program, finishing with a short meditation to bolster "confidence".

For a journalist who doesn't enjoy "workouts", I found it fun, quick, high in energy and something I could envisage incorporating into my fitness regime. The morning of wellness was held at a private home overlooking Clontarf beach, and guests included KIC chief marketing officer Michelle Battersby, TDE's Alyce Tran, Double Bay eyebrow queen Kristin Fisher, and Harper's Bazaar and ELLE Australia beauty writer Kate Lancaster. Launched in late 2018 KIC now has more than 250,000 Instagram followers.

To celebrate Jonah's 91st birthday, the luxurious hotel and restaurant held an exclusive soiree at its Whale Beach premises last Sunday. Some of Australia's biggest names in business, philanthropy, politics, sport and media showed up to the iconic restaurant with its spectacular views to sip Bollinger and dine on Australian king prawns, Sydney rock oysters, sashimi and a range of novelty Australian-themed canapés including Jonah's take on Chiko rolls and Vegemite scrolls.

Opera singer Lorenzo Rositano and chanteuse/actress Ashleigh

Rubenach serenaded the crowd. which included the Honourable Dame

former governor of NSW, television personalities Kerri-Anne Kennerley, Mike Munro and Jono Coleman as well as actor (and northern beaches local) Peter Phelps

Australian Olympic Committee president John Coates was in good company with Olympic gold medal swimmer Chris Fydler and his Olympian wife, Rose, multiple Paralympic champion Kurt Fearnley and Olympic swimmer, America's Cup sailor and Australian Surf Life Saving champion Ky Hurst with his wife, Katie. In total there were 11 Olympians and one Wallaby in the room, plus league legend Cooper Cronk and his wife, Tara Rushton.

Philanthropists were well represented by Vittoria Coffee legends Les and Luisa Schirato, along with Buildcorp founders Tony and Josephine Sukkar.

On Friday night TV personalities hairstylists, makeup artists and models celebrated the launch of The Show Sydney, a new hair, makeup and beauty expo that will take place at the ICC

The room was awash with celebrity makeup artists who gave guests a sneak peek of what will be on offer when The Show opens its doors to the public next weekend, including live demos, masterclasses, retail therapy, competitions and giveaways.

Two lion-faced women roamed the room in their special effects makeup while guests including Shelley Horton, The Morning Show co-host Kylie Gillies and television presenter Monique Wright raised a glass for the launch while enjoying Sydney rock oysters, Tempura prawn cutlets and steak tartare on melba toast.

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Whale of a time: (From top left)

Rubenach and Jack O'Dwyer; Kerri-

Anne Kennerley and Nadia Benussi:

Michael Shehadie and Dame Marie

Bashir; and Cooper Cronk with Tara

Katie and Ky Hurst; Ashleigh

#### **IN AND OUT**

to keep and what to cull



WHAT'S OUT Lockout laws!

### What has happened to Bridges' healthy glow?

# HORNERY

Michelle Bridges, how did it go so wrong?

Fitness guru, media mogul, fully fledged celebrity and red carpet regular, Bridges turns 50 this year, a milestone she should be celebrating as one of the most successful business entrepreneurs in the country.

And yet, while there are still a few months before her October birthday, at this point 2020 is not shaping up to be Bridges' best year.

Last Monday she confirmed her relationship with fellow fitness guru Steve "Commando" Willis, the father of their young son Axel, was in tatters.

The emotional "turmoil" of that breakup was offered in a carefully worded public mea culpa statement as partial explanation for the fact she had been charged with drink driving on Australia Day with her five-year-old son in the back seat.

Thousands of people are charged and convicted of drink driving each year across the country, but in Bridges' case her celebrity makes it national news.

And the devil was in the detail of

According to police, by the time Bridges was taken to Waverley Police Station, she is alleged to have returned a breath test reading of 0.086. That was before noon. That she was said to be driving with her young son in the car only compounded matters.

In the matter of a few seconds, 20 years of hard work, dedication and determination to build a glowing reputation was tarnished.

The country woke up to the image of Bridges holed up in her Potts Point apartment, apparently under siege from prying lenses, her ashen face peering through the drapes trying - unsuccessfully - to avoid detection.

It was an image far removed from the red carpet bombshell who seemed to turn up to all the best parties in town and happily posed for photographers, twirling about and bathed in flashbulbs.

Nor did it bear much resemblance to the straightshooting personal trainer from the Biggest Loser, the show where she first met fellow trainer Commando, who has turned the lives of millions of people around by getting them fit.

Over the years I've gotten to know Bridges and she always seemed a woman in control, though she was also a woman very much on high alert - especially around gossip columnists. Given the salacious headlines surrounding her romance with Willis, and their former marriages, it was understandable.

But over time she would relax

when we crossed paths - though not so much Willis, who did not appear to enjoy the more public aspects of their life together.

In 2015 Bridges made her debut on the Richest Women in Australia list, coming in at No. 29 with an empire estimated to be worth a whopping \$53 million: not bad for a girl who arrived in Sydney with all her worldly possessions in the back of a clapped out old Barina and \$300 in the bank.

Her 12 Week Body Challenge, her line of active wear, her own range of kitchenware, her books, her videos ... all of it is built around her personal Michelle Bridges brand, which up to this point has been carefully orchestrated and controlled.

Some say a little too much so, with Bridges bordering on becoming immortal in a world of mostly flawed mortals.

She survived the scandal that surrounded the start of her relationship with Willis, and indeed the country was able to move beyond damnation over the two failed marriages that preceded their romance.

Bridges even continued to work with her ex-husband Bill Moore, who was her business manager for many years.

Bridges herself says integrity is at the core of everything she does.

'That's never been my ambition to build an empire ... that's part of the success in a strange way," she revealed in a marketing podcast a few years back.

"I never had an ambition of being on TV or building an empire, I wasn't pushing for it. My ambition was to help people get their act together and look after themselves better."

Given the events of the past few days, Bridges would do well to heed her own advice.





